



Advice for the use of Coban self-adherent wrap

Occupational Therapy Departments

www.ulh.nhs.uk

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk

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What is Coban (self-adherent) wrap?

Coban wrap is intended for use as an elastic wrap to provide compression to reduce swelling, support, or to secure dressings.

How do I use Coban?

Unwind the amount required

Without stretching apply one full wrap and overlap. Press the overlapped area lightly to keep the end in place.

Continue to wrap, applying slight tension.

When complete secure the end by gently pressing in place.

On removing the wrap carefully wash and rinse the area and dry thoroughly.

Precautions

This product contains natural rubber latex which may cause allergic reactions.

Coban wrap does not slip or loosen after it is applied. The area to where the wrap is applied should be checked regularly for signs of swelling or change in colour which would indicate reduced circulation. If this happens take the wrap off immediately.

Coban wrap should not be placed in direct contact with an open wound.

If you have any problems/queries, please contact:

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Occupational Therapist

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Occupational Therapists

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